

Pascal is the principal Physiotherapist at TRP and has a passion for sport and their associated injuries. Pascal has experienced most sporting injuries himself over his many years of playing sports.

After Graduating from Sydney University with exceptional grades in 2009, he went on to complete his first year clinical new grad rotation at RPA, learning from some very knowledgeable people. Since then he moved on to several different private practices, learning new and intricate physio techniques at each of these clinics. He has expertise in:

- Deep tissue massage
- Structural releases
- Mulligan mobilisation technique,
- Cupping,
- Throwing specific shoulder rehab,
- Pilates,
- Casting,
- Trigenics,
- Developed his own ankle stability return to sport program,
- Acupuncture (dry needling),
- 5 years experience in on-field sports coverage
- Currently on the PBA NSW Board for private practice owners in NSW,
- actively involved in the Fairfield Community,
- Level 5 expert in the new kinesio taping method.

Sporting wise, he is somewhat of an all rounder, representing NSW in Water Polo, Rugby, Swimming and Cricket. He has recently been awarded the "Golden Balls" award as the MVP of the Australian Dodgeball team in the 2012 world championships. He doubled as the team Physiotherapist and it through this rehabilitation knowledge that he manages to give optimal treatment for all patients.

