

We now have Physiotherapy, Massage, two Psychologists, podiatry, speech pathology, dietician, exercise physiology and occupational therapy all under the same roof.Â

At TRP Physiotherapy, our team of experienced professionals are committed to the genuine recovery of every patient. This is reflected in the way we connect with our patients and through the quality of work in which we pride ourselves.

We take a hands- on approach to treatment and dedicate time to educate patients about their specific injuries. Our aim is to empower our patients with injury- specific knowledge on how to overcome their injuries.

With one-on-one appointments with your Physio, we are geared to treating the cause of the issue, not just the symptoms, and teach patients how to prevent recurrence.

With accredited Physiotherapists, Sports Physiologists and Remedial Therapists, TRP Physiotherapy utilises treatment based on scientific evidence and assessment. Staff at TRP Physiotherapy attend on-going training and education to ensure that their treatment methods are comprehensive and up to date.

TRP Physiotherapy has affiliations with elite sporting teams and academies. Staff at TRP are disciplined in a variety of sporting practices which allows them to treat athletes with greater understanding and expertise.